

Lambton Run 10k

Senior Results - 25/06/17

| Pos | Name | Club | Time | Pos | Name | Club | Time |
|-----|----------------------------|----------------------|-------------|-----|----------------------------|----------------------|-------------|
| 1 | Lee Dover (4) | Houghton Harriers | 35.52 M | 67 | Joe Glancy (86) | Sunderland Harriers | 49.36 M O40 |
| 2 | Liam Taylor (358) | Unattached | 36.01 M | 68 | Andy Smith (180) | Saltwell Harriers | 49.39 M |
| 3 | Andrew Kilding (138) | Unattached | 36.53 M O40 | 69 | Jonathan Mason (257) | Unattached | 49.42 M |
| 4 | Neil Byrne (305) | Unattached | 37.05 M O40 | 70 | Steven Chapman (160) | Unattached | 49.55 M O40 |
| 5 | Johnny Evans (281) | Jarrow and Hebburn | 38.27 M | 71 | Alan Macaulay (290) | Tyne Bridge Harrier | 50.00 M O55 |
| 6 | Michael Heskett (318) | Sunderland Harriers | 39.40 M | 72 | Mary Lisle (293) | Elswick Harriers | 50.08 F O35 |
| 7 | Alice Smith (135) | Sunderland Harriers | 40.05 F | 73 | Stephen Waistell (158) | Unattached | 50.09 M |
| 8 | Gary Rowell (228) | Unattached | 40.22 M O40 | 74 | Darren Smith (315) | Hartlepool Burn Roa | 50.16 M |
| 9 | Paul Jones (190) | Elswick Harriers | 40.29 M | 75 | Matthew Carruthers (163) | Unattached | 50.24 M |
| 10 | Darren Stoker (38) | Sunderland Harriers | 40.40 M O40 | 76 | Lee Carruthers (40) | Houghton Harriers | 50.24 M O40 |
| 11 | Marc Ellis (1) | Unattached | 40.55 M O40 | 77 | Lisa Taylor (170) | Blackhill Bounders | 50.26 F O35 |
| 12 | Chris Glass (108) | Unattached | 41.01 M O40 | 78 | Nicola Whitman (55) | Saltwell Harriers | 50.30 F O35 |
| 13 | Ben Hall (292) | Elswick Harriers | 41.29 M | 79 | Steven Idle (286) | Washington RC | 50.35 M O40 |
| 14 | Darren Dodd (264) | Sunderland Harriers | 41.37 M O40 | 80 | Angus Thompson (296) | Unattached | 50.42 M O40 |
| 15 | Gareth Foreman (317) | Hartlepool Burn Roa | 41.40 M | 81 | Aneta Majerska (252) | Unattached | 50.44 F |
| 16 | Nick Newby (274) | Birtley AC | 41.51 M O40 | 82 | John Corvesor (362) | Stockton Striders | 50.47 M O40 |
| 17 | Wendy Chapman (113) | Sunderland Strollers | 42.23 F O35 | 83 | Brian Charlton (178) | Unattached | 50.48 M O40 |
| 18 | Kris Cantle (218) | Sunderland Harriers | 42.47 M | 84 | Keith Tilmouth (157) | Unattached | 50.51 M O40 |
| 19 | Danny Wade (365) | Low Fell RC | 42.49 M O40 | 85 | Nick Young (265) | Unattached | 50.51 M O40 |
| 20 | Richard Conder (364) | Low Fell RC | 42.54 M | 86 | Graeme Kindred (15) | Unattached | 50.54 M O40 |
| 21 | Michael Pearson (185) | Unattached | 43.07 M O40 | 87 | Raymond Lightle (105) | Bedale and Aiskew | 50.56 F O50 |
| 22 | Peter Cantwell (3) | Unattached | 43.36 M | 88 | Stuart Hardcastle (356) | Swaledale R R | 51.06 M O55 |
| 23 | Helen Kilding (137) | Unattached | 43.37 F O35 | 89 | Scott Wilson (87) | South Shields Harrie | 51.07 M |
| 24 | Roy Hammonds (49) | Unattached | 43.39 M O40 | 90 | Michael Styan (306) | Low Fell RC | 51.23 M O40 |
| 25 | Craig Smith (50) | Washington RC | 43.57 M | 91 | Marie Taylor (75) | Hartlepool Burn Roa | 51.54 F O35 |
| 26 | Nick Butchart (183) | Unattached | 44.40 M O40 | 92 | Jim Robertson (355) | Unattached | 52.08 M O40 |
| 27 | Thom Milburn (299) | Unattached | 44.40 M | 93 | Steven Cessford (197) | Unattached | 52.14 M |
| 28 | Andrew Bell (211) | Sunderland Strollers | 44.54 M O40 | 94 | Roseanne Dougan (130) | Unattached | 52.19 F O35 |
| 29 | Janine Alexander (298) | Unattached | 45.13 F O35 | 95 | Patricia Kay (195) | Aycliffe Running Cl | 52.29 F O50 |
| 30 | Ian Casson (127) | North Shields Poly | 45.19 M O40 | 96 | Chris Day (277) | Unattached | 52.36 M |
| 31 | Lisa Darby (62) | Unattached | 45.20 F O35 | 97 | Anthony Barrass (152) | Unattached | 52.41 M |
| 32 | Michael Boyle (175) | Unattached | 45.25 M | 98 | Stephen Duthie (33) | Unattached | 52.54 M O40 |
| 33 | Shaun Bagley (271) | Sunderland Harriers | 45.26 M | 99 | Sharon Prudhoe (20) | Unattached | 53.08 F O35 |
| 34 | Darren Stewart (162) | Unattached | 45.29 M O40 | 100 | Kevin Howe (311) | Unattached | 53.35 M |
| 35 | Tamsin Imber (297) | Unattached | 45.36 F O35 | 101 | Andy Lorenson (200) | Unattached | 53.42 M O55 |
| 36 | Cliff Veitch (235) | Unattached | 45.36 M O40 | 102 | Katie Milner-mcloone (288) | Tyne Bridge Harrier | 53.46 F |
| 37 | Alan Smitheman (357) | Loftus & Whitby A | 45.42 M O40 | 103 | Lee Crawford (289) | Tyne Bridge Harrier | 53.46 M |
| 38 | Dave Dougan (129) | Unattached | 45.57 M O40 | 104 | David Coverdale (203) | Sunderland Strollers | 53.48 M |
| 39 | Dale Wilkinson (350) | Sunderland Strollers | 46.12 M O40 | 105 | Eddie Handy (241) | Unattached | 54.03 M O55 |
| 40 | Jonathan Goldsbrough (287) | Unattached | 46.22 M | 106 | Keith Thompson (54) | Unattached | 54.04 M O55 |
| 41 | Brian Smith (6) | Northern Frontrunne | 46.26 M O40 | 107 | Matthew Crawford (202) | Heaton Harriers | 54.05 M |
| 42 | Anthony Boyes (314) | Unattached | 46.37 M O55 | 108 | Anthony Mcdermott (300) | Unattached | 54.05 M |
| 43 | Peter Turner (213) | Unattached | 46.41 M O55 | 109 | Jonathan Christie (115) | Unattached | 54.12 M |
| 44 | A Ribeiro (91) | Unattached | 46.44 M O40 | 110 | David Cornish (248) | Tyne Bridge Harrier | 54.16 M |
| 45 | Ryan Davison (191) | Elswick Harriers | 46.47 M | 111 | Richard Heslop (31) | Unattached | 54.31 M O40 |
| 46 | John Rawling (154) | Unattached | 46.52 M | 112 | J Welsh (92) | Unattached | 54.31 M O55 |
| 47 | Joe Sloan (272) | Unattached | 47.15 M | 113 | Nicola Gloyne (192) | Blackhill Bounders | 54.33 F O35 |
| 48 | Tony Teasdale (222) | Unattached | 47.23 M O40 | 114 | Angela Lawlor (73) | Hartlepool Burn Roa | 54.46 F O35 |
| 49 | Graeme Dixon (165) | Unattached | 47.29 M O40 | 115 | Callum Ewart (224) | Unattached | 54.47 M |
| 50 | Mark Johnson (193) | Unattached | 47.31 M | 116 | Michael Ewart (57) | Unattached | 54.47 M O40 |
| 51 | James March (230) | Unattached | 47.33 M | 117 | Justin Cox (64) | Sedgefield Harriers | 54.54 M O40 |
| 52 | Simone Thompson (301) | Unattached | 47.36 F | 118 | Sarah Jane Mcallister (68) | Ashington Hirst Run | 54.54 F O35 |
| 53 | Simon Lawlor (74) | Hartlepool Burn Roa | 47.43 M O40 | 119 | Sara Mcknight (16) | Unattached | 55.21 F O35 |
| 54 | Steven Cook (161) | Unattached | 47.54 M | 120 | Alan Eccles (194) | Sunderland Strollers | 55.25 M O55 |
| 55 | Ian Ruddick (270) | Unattached | 47.58 M O40 | 121 | John Hodson (5) | Unattached | 55.35 M O40 |
| 56 | Stephen Mills (240) | Crook AC | 48.07 M O40 | 122 | Andrew Hetherington (295) | Unattached | 55.38 M |
| 57 | Michael Hunt (238) | Unattached | 48.14 M O40 | 123 | Anja Fechtner (124) | Unattached | 55.42 F O35 |
| 58 | Kelly Bentley (208) | Durham City Harrier | 48.19 F O50 | 124 | Jo Beddow (65) | Hartlepool Burn Roa | 55.44 F O35 |
| 59 | Philip Connor (207) | Elvet Striders | 48.25 M | 125 | Emma Thompson (76) | Unattached | 55.54 F O35 |
| 60 | Chris Hart (177) | Unattached | 48.38 M | 126 | Trevor Rowe (217) | Unattached | 56.00 M O55 |
| 61 | Richard Podmore (221) | Elvet Striders | 48.40 M | 127 | John Heslop (363) | Unattached | 56.02 M O55 |
| 62 | Nick Hughes (181) | Sun City Tri Club | 48.48 M O40 | 128 | Darren Craigs (166) | Unattached | 56.04 M O40 |
| 63 | Brian Stoker (78) | Unattached | 48.50 M O40 | 129 | Gareth Jones (139) | Unattached | 56.12 M O40 |
| 64 | Lee Johnson (242) | Unattached | 49.10 M | 130 | Grzegorz Majerski (251) | Unattached | 56.21 M |
| 65 | Paul Meredith (56) | Unattached | 49.21 M O40 | 131 | Sharon Clark (153) | Unattached | 56.22 F O35 |
| 66 | Darran Todd (225) | Unattached | 49.26 M O40 | 132 | Anita Attala (205) | North Shields Poly | 56.57 F O35 |

| Pos | Name | Club | Time | Pos | Name | Time |
|-----|--------------------------|---------------------|-------------|-----|---------------------------|----------------------------------|
| 133 | Etienne Attala (206) | Unattached | 56.57 M O40 | 204 | Mathew Carter (247) | Unattached 65.15 M |
| 134 | Hamzah Ali (308) | Swift Tees | 57.10 M | 205 | Zoe Ditch (188) | Unattached 65.28 F |
| 135 | Charlotte Elsy (145) | Unattached | 57.12 F | 206 | Katie Hall (210) | Unattached 65.28 F |
| 136 | David Molloy (239) | Unattached | 57.28 M O40 | 207 | Lisa Owen (243) | Unattached 65.35 F O35 |
| 137 | Mark Duchar (260) | Unattached | 57.31 M O40 | 208 | Vivien Danby (47) | Unattached 65.37 F O50 |
| 138 | John Maughan (307) | Unattached | 57.40 M O40 | 209 | Vivienne Marley (140) | Unattached 65.46 F O35 |
| 139 | Briony Tonge (209) | Unattached | 57.41 F | 210 | Craig Marley (141) | Unattached 65.46 M O40 |
| 140 | Nicola Portergill (24) | Unattached | 57.43 F O50 | 211 | Hilary O'shea (45) | Trail Runners Assoc 65.47 F O50 |
| 141 | Keith Charlton (149) | Unattached | 57.45 F O35 | 212 | Suzanne Davey (44) | Unattached 65.47 F O35 |
| 142 | Debbie Mcrory (34) | Unattached | 58.03 F O50 | 213 | Paula Hughes (187) | Unattached 65.51 F O35 |
| 143 | Katherine Murson (263) | Unattached | 58.05 F O35 | 214 | Peter Hewitson (359) | Unattached 65.54 M O40 |
| 144 | Louise Butchart (184) | Unattached | 58.30 F O35 | 215 | Leanne Hill (312) | Unattached 66.03 F O35 |
| 145 | Ian Lowes (186) | Unattached | 58.53 M O55 | 216 | Ian Bailey (101) | Unattached 66.13 M O40 |
| 146 | Tracey Plaskitt (22) | Quakers RC | 58.55 F O35 | 217 | Andrea Reese (12) | Darlington Harriers 66.29 F O35 |
| 147 | Paul Chute (167) | Unattached | 59.05 M | 218 | Felicity Stephenson (99) | Unattached 66.35 F |
| 148 | Wendy Littlewood (61) | Elvet Striders | 59.05 F O35 | 219 | Nicola Lawson (80) | Unattached 66.36 F O35 |
| 149 | James Potter (23) | Elvet Striders | 59.07 M | 220 | Mark Stephenson (111) | Unattached 66.37 M |
| 150 | Alison Maynard (13) | Unattached | 59.07 F O35 | 221 | Denise Todd (258) | Unattached 66.43 F O35 |
| 151 | Andrea Cessford (196) | Unattached | 59.28 F O35 | 222 | Alan Lowery (182) | Unattached 66.48 M O55 |
| 152 | Ian Springthorpe (66) | Unattached | 59.35 M O40 | 223 | Marie Bottomley (269) | Blaydon Harriers 66.54 F O35 |
| 153 | Fiona Bootle (285) | Unattached | 59.36 F O35 | 224 | Susan Clark (198) | Aycliffe Running Cl 67.07 F O50 |
| 154 | Alex Parker (276) | Unattached | 59.41 M O40 | 225 | Barbara Graham (266) | Riverside Striders 67.12 F O50 |
| 155 | Mike Pugh (313) | Unattached | 59.53 M O40 | 226 | Lisa Pybus (204) | Unattached 67.18 F O35 |
| 156 | Claire Reames (249) | Unattached | 59.56 F O35 | 227 | Alexandra Dick (70) | Unattached 67.29 F |
| 157 | David Donovan (250) | Unattached | 59.56 M O40 | 228 | Angharad Embleton (109) | Unattached 67.29 F |
| 158 | Gemma Scott (93) | Blaydon Harriers | 60.03 F | 229 | Mark Chapman (268) | Unattached 67.46 M |
| 159 | Angela Dixon (275) | Unattached | 60.17 F O35 | 230 | Lauren Flockhart (179) | Unattached 68.03 F |
| 160 | Ian Lock (284) | Unattached | 60.23 M O40 | 231 | Brenda Bonallie (172) | Road Runners of GB 68.03 F O50 |
| 161 | Nina Lock (283) | Unattached | 60.23 F O35 | 232 | Kelly Kyle (155) | Unattached 68.12 F O35 |
| 162 | Daisy Barnetson (214) | Unattached | 60.26 F O35 | 233 | David Elders (259) | Unattached 68.13 M |
| 163 | Julie Thompson (72) | Unattached | 60.58 F O35 | 234 | Claire Hope (273) | Unattached 68.15 M |
| 164 | Matthew Hargraves (63) | Crook AC | 60.59 M | 235 | Laura Tedstone (168) | Sunderland Harriers 68.35 F O35 |
| 165 | Pauline Ranson (9) | Hartlepool Burn Roa | 61.01 F O50 | 236 | Ruth Turner (212) | Unattached 68.38 F O50 |
| 166 | Debra Thompson (282) | Elvet Striders | 61.29 F O50 | 237 | Donna Smiles (171) | Unattached 68.38 F O35 |
| 167 | Gill Laws (134) | Unattached | 61.30 F O35 | 238 | Alison Greener (125) | Unattached 68.38 F O35 |
| 168 | Ally Jennings (146) | Unattached | 61.30 F O35 | 239 | Emma Barron (28) | Stocksfield Striders 68.39 F O35 |
| 169 | Amy Tatters (159) | Unattached | 61.44 F | 240 | Sarah Davison (82) | Unattached 68.43 F O35 |
| 170 | Vikki Wiltshire (351) | Unattached | 61.44 F | 241 | Christopher Davison (83) | Unattached 68.43 M |
| 171 | Samantha Craig (7) | Unattached | 61.47 F | 242 | Pam Tuckwell (84) | Unattached 68.43 F O35 |
| 172 | Charlotte Ellis (245) | Unattached | 61.57 F | 243 | Hazel Robson (303) | Jarrow & Hebburn 68.44 F O35 |
| 173 | Kirsty Munro (353) | Unattached | 62.01 F | 244 | Helen Whitmore (354) | Unattached 69.09 F O50 |
| 174 | Graham Darby (59) | Sedgefield Riders | 62.03 M O40 | 245 | Malcom Kilner (360) | Unattached 69.10 M O40 |
| 175 | Donna Kindred (14) | Unattached | 62.04 F O35 | 246 | Fiona Wilson (88) | South Shields Harrie 69.12 F |
| 176 | Gemma Lightfoot (107) | Unattached | 62.10 F | 247 | Helen Tyreman (294) | Unattached 69.39 F O50 |
| 177 | Emma Warren (352) | Unattached | 62.25 F | 248 | Phil Gray (112) | Unattached 69.44 M O40 |
| 178 | David Brack (280) | Unattached | 62.40 M | 249 | Natalie Hewitt (69) | Unattached 69.51 F O35 |
| 179 | Dave Clarke (310) | Unattached | 62.45 M O40 | 250 | Caroline Hall (116) | Unattached 70.02 F O35 |
| 180 | Nicola Hadden (201) | Unattached | 62.51 F O35 | 251 | Jane Jewitt (120) | Unattached 70.02 F O35 |
| 181 | Joanne Dodds (89) | Unattached | 63.04 F O35 | 252 | Michael Bonallie (173) | Road Runners of GB 70.09 M O55 |
| 182 | Una Elsy (144) | Unattached | 63.11 F O50 | 253 | Kim Conway (118) | Unattached 70.10 F O35 |
| 183 | Jennifer Carruthers (41) | Unattached | 63.23 F O35 | 254 | Audrey Williams (17) | Unattached 70.10 F O50 |
| 184 | Paula Brown (10) | Unattached | 63.41 F O35 | 255 | Andrea Frame (18) | Unattached 70.44 F O35 |
| 185 | Lynne Lowery (95) | Washington RC | 63.43 F O35 | 256 | Jo Gordon (229) | Unattached 70.44 F O35 |
| 186 | Philip Anwyll (36) | Unattached | 63.44 M | 257 | Teresa Lumsdon (21) | Unattached 70.44 F O35 |
| 187 | Erik Murison (262) | Unattached | 64.06 M O40 | 258 | Ivan Lehane (110) | Unattached 70.45 M |
| 188 | Clare Lynch (19) | Unattached | 64.10 F O35 | 259 | Claire Milford (227) | Unattached 70.45 F O35 |
| 189 | Janet Scott (231) | Houghton Harriers | 64.11 F O35 | 260 | Vicki Mitchell (216) | Unattached 70.45 F |
| 190 | Catherine Baldrige (279) | Unattached | 64.15 F O35 | 261 | Louise Clamp (27) | Stocksfield Striders 71.02 F O50 |
| 191 | Sarah Bray (291) | Unattached | 64.22 F | 262 | Gillian Grant (79) | Unattached 71.25 F O35 |
| 192 | Claire Bright (142) | Unattached | 64.22 F O35 | 263 | Ruth Taylor (85) | Unattached 71.25 F O35 |
| 193 | Tracy Bowers (100) | Blaydon Harriers | 64.26 F O35 | 264 | Ruth Law (147) | Unattached 71.52 F O35 |
| 194 | Dawn Flint (233) | Unattached | 64.29 F | 265 | Leigh Hindle (30) | Darlington Harriers 72.32 F O35 |
| 195 | E Mcintosh (136) | Unattached | 64.29 F O50 | 266 | Clare Douglas (267) | Ashington Hirst Run 72.49 F O35 |
| 196 | Colin Charlton (150) | Unattached | 64.30 M O40 | 267 | Allison Hammond (148) | Unattached 73.33 F O35 |
| 197 | Lynne Hollis (237) | Unattached | 64.38 F O50 | 268 | Jason Metcalfe (234) | Unattached 73.41 M |
| 198 | Lindsay Freeman (199) | Aycliffe Running Cl | 64.39 F O35 | 269 | Kyle Kitching (256) | Unattached 73.41 M |
| 199 | Claire Stanton (236) | Ashington Hirst Run | 64.40 F O35 | 270 | Brandon Kennedy (319) | Unattached 73.41 M |
| 200 | Fran Corvesor (316) | Stockton Striders | 64.43 F O50 | 271 | Claire Douglas (43) | Unattached 73.49 F O35 |
| 201 | John Barnetson (215) | Unattached | 65.09 M O40 | 272 | Claire Bailey (132) | Unattached 73.50 F O35 |
| 202 | Elizabeth Hargrave (176) | Unattached | 65.10 F | 273 | Sonia Bailey (102) | Unattached 74.53 F O50 |
| 203 | Andrew Kelly (309) | Unattached | 65.14 M O40 | 274 | Katherine Henderson (133) | Unattached 74.59 F O50 |

| Pos | Name | Club | Time | Pos | Name | Time |
|-----|-----------------------------|---------------------|-------------|-----|------|------|
| 275 | Jeanette Geldart (98) | Unattached | 75.57 F | | | |
| 276 | Lisa Todd (226) | Unattached | 76.08 F O35 | | | |
| 277 | Lynsey Ramshaw (97) | Unattached | 76.10 F O35 | | | |
| 278 | Maxine Casson (128) | Unattached | 76.59 F O35 | | | |
| 279 | Daniel Brandford (164) | Unattached | 77.30 M | | | |
| 280 | Penny Ivison (26) | Darlington Harriers | 77.35 F O50 | | | |
| 281 | Lucy Mead (361) | Unattached | 77.44 F O35 | | | |
| 282 | Christopher Simpson (278) | Low Fell RC | 78.27 M | | | |
| 283 | Liam Cawley (11) | Unattached | 79.49 M O40 | | | |
| 284 | Kay Duthie (32) | Unattached | 83.58 F O50 | | | |
| 285 | Jan Smith (35) | Unattached | 83.58 F O35 | | | |
| 286 | Lorraine Foster Bates (121) | Unattached | 83.58 F O50 | | | |